What are your Family values?

* Pursuing a relationship with God and each other
* Living for others
* Living out our Faith vibrantly and impactful and sharing it with others
* Serving others, especially those less fortunate
* Have strong, healthy relationships with God and our family
* Our careers and hobbies are in service of these ideals

In 10 years I want us:

* to be living with as many of our kids as possible, being every day grandparents to as many grandchildren as possible
* be active in our church, apostolates, ministries
* to be caring for our parents
* have an RV and visit our kids
* work no more than 30 hours/week
* have house paid off
* real estate/AirBnB

In 10 years I want us to have:

* An RV
* Our house paid off
* Real estate/AirBnB
* Job with no more than 30 hours/week
* An e-bike for Michelle

In 10 years I want our children to:

* Be happy/no anxiety or depression
* Have a strong with relationship with God, us, and each other
* Happily married with good jobs and lots of kids

Goals

Spiritual Life

1. Daily Mass 2-3 X’s week
2. Personal prayer
   1. Mentor children
3. Retreat for everyone in the family
   1. Kids to Damascus
   2. Mom and Dad to Conception
   3. Family Fest?
4. Family Prayer
   1. Catechesis
   2. Praise and Worship
   3. Lectio Divina
   4. Rosary
   5. Magnificat
   6. Praying over each other
   7. Lord’s Day
   8. Adoration

Marriage Relationship

1. Dialogue 4 times a week
2. Family board meeting twice a year
3. Weekly date night
4. Weekly business date

Personal Development

1. Exercise
   1. Race CX and ZRL (Milan)
   2. Walk hour/day 5 days/week (Michelle)
2. Well-read Mom/Gentlemen
3. UBFM/Joppa
4. Developing friendships
   1. Geoff
   2. Lisa
   3. Fr. Adam
   4. Alyssa/Moody’s
   5. Aukes/Ferguson’s
   6. Sifley’s
   7. Devries/Manleys

Family Relationship

1. Visiting Mom and kids (Michelle)
2. Dates with kids (one per week)
3. Gathering in Portland
4. Family Fest?
5. Discuss activities/hobbies for individual kids
6. Family adventures 1-2 times/month
7. Weekly family meeting

Family Operations

1. Budget
2. Weekly schedule
3. Dinner together 3-4 nights/week
4. Chores/projects
   1. Yardwork
      1. Mow
      2. Trim hedges
      3. Weed wacking
      4. Weeding roses
      5. Flower care
      6. Raking
      7. Shoveling
   2. Daily chores
      1. Kitchen
      2. Dinner
      3. Basement/stairs
      4. Dining room/Living room
      5. Bathroom/wash, dry, fold put away towels
      6. Finn
   3. Home projects
      1. Sewer
      2. Trees
      3. Kitchen floor
      4. First floor bathroom
      5. Fix upstairs shower
      6. Maria’s window
   4. Allowances
      1. $15 CeCe and Emma (clothes), $10 Chris
      2. Covers
         1. Eating out/entertainment
         2. Hobbies/supplies
         3. Toiletries in excess of reasonable amount

Career goals (5-10 hours/week)

* Contact David Keyes about getting started with Data Analytics consulting
* Conversation with Todd
  + Where am I at, and how close am I to a promotion?
  + What do I need to do to get that promotion?
  + I am interested in moving to Data Science if workflow doesn’t improve
  + You’re the only reason I’m still here
* Complete R courses:
  + Getting Started with R
  + Intermediate R
  + Statistical tests with R
* Work on Algorithmic Trading Python project
* Complete Python course (Automate the boring stuff)
* Use Airflow to automate AO Welcome campaign
* Automate LDR and AO CX
* Identify a project to put in my portfolio
* Work on LinkedIn profile
* Apply for 3 jobs

Training

Goals:

* Follow CX plan (Tuesday, Wednesday, Thursday, Saturday, Sunday)
* Strength training: Monday and Friday
* Core/balance: 3 X’s per week (20 min)
* Yoga: 2 X’s per week (20 min)

Maria:

Strengths:

* love and caring for others
* organization
* spiritual life
* willingness to serve
* assertiveness
* generosity
* creativity

Concerns:

* social media
* mental health
* future
* schedule for the fall
* balancing interests
* consumerism

Ideas:

* watch “Social Dilemma”
* no phones in communal spaces
* meet regularly to discuss future, schedule, activities

Cecilia

Strengths:

* independent
* laid back
* good network of friends
* creative
* doesn’t overthink herself

Concerns:

* independence, isolation
* possibly suppressing frustration, fear, anxiety
* being Maria’s support
* not a squeaky wheel
* social media (and Marianna’s influence)
* hates Finn and Emma
* modesty in dress
* consumerism

Ideas:

* meet regularly (Michelle on Mondays during commute)
* monitor social media
* spend more time with Finn and Emma
* ongoing discussion about modesty
* Get Cecilia into a confirmation class

Emma

Strengths:

* maturing
* creative
* capable, takes initiative (sometimes)
* sensitive
* generous
* organized
* love and care for Finn and Benji
* taking responsibility for health
* speaking her mind, being direct

Concerns:

* taking responsibility for health (motivations)
* speaking her mind, being direct (the way she does it, uncharitable, selfish, temper)
* relationship with CeCe
* activities
* consumerism
* devices
* lack of friends

Ideas:

* check-in about health
  + find resources to work through about body image
* look into various activities (volleyball, swim team)
* no devices
* how do we nurture relationship with Emma and CeCe?
  + Give them money for a coffee date

Chris

Strengths:

* Laid back
* Sense of humor
* Maturing
* Affectionate
* Very smart

Concerns:

* Focus
* Attitude
* Laziness
* Diet and exercise
* Devices/Video games
* Lack of friends
* Lack of hobbies
* Doesn’t handle criticism/correction well
* Help Chris with lisp
* Help Chris with wetting

Ideas:

* Troops of St. George
* Look into rec soccer
* Look into flag football
* Include him more on home projects/chores, help him focus, teach him how to do it right
* More activities with Dad (telescope, bike rides, play football, chess
* Weekly bike ride

Weekly schedule:

* Family Meal and Meeting (Sunday evenings)
* Family Dinners (Sunday, Monday, Friday + one more)
* Recreational date + dialogue (weeknight)
* Business date (weekend)
* Date with kids (weekend)
* Dialogue (Saturday, Sunday, Monday, or Friday + date night)
* Daily Mass
  + Michelle: Monday, Wednesday, Friday
  + Milan: Tuesday, Wednesday, Thursday
* Family time/activities
* Friday night: order out, game/movie/music (take turns planning)
* Sunday: dinner (homemade pizza) and family meeting
* Pickup/dropoff for school
  + Monday: Michelle drop off/pickup
  + Tuesday: Milan drop off/pickup
  + Thursday: Michelle drop off/ Milan pick up
* Family prayer: after dinner
* Exercise
* School
* Chores/home projects
* UBFM/Joppa

Family Meeting Agenda

* Tell the kids what we did this weekend
* Share family values and revisit our family mission statement
* We discussed each of them specifically
* Share goals in each area
* Weekly schedule
* Finn